






-  @SpringbankLadiesTimeOut
-  @SpringbankLadiesTimeOut
-  springbankto@gmail.com
-  springbankto.ca

Registration # _____

PERSONAL INFORMATION				
Full Name: _____		Snack Date: _____		
Phone Number(s): _____		Snack Date: _____		
Email Address: _____				
DATE	CLASS NAME	W=waitlist	R=registered	COST pay only if registered
Snack Dates	1-2 classes=1 snack day 3+ classes = 2 snack days Set-up & clean-up on your snack day			
No refunds	A friend can attend in your place if you cannot.	Subtotal		
Registration Fee	\$30 Regular \$20 for instructors, \$0 for executive	Reg Fee		
Payment Method	Cash, cheque number or e-transfer	TOTAL		

Please see back to sign!



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Please make note of classes & snack date(s) chosen as this sheet remains with the registrar.

For new members: how did you hear about us: _____

Do you have any class suggestions? _____

Would you like to teach a class? _____

Due to its not-for-profit status, I understand that the LTO in Springbank cancellation policy does not allow refunds for missed classes. I allow my email address to be used, only for relaying LTO information. It is not shared with anyone. Thank you!

Signature _____

Indemnity (Hold-Harmless) Agreement

THIS INDEMNITY AGREEMENT (The "Agreement") made as of this _____ day of _____, _____ (the "Execution Date").

BETWEEN:

Springbank Ladies Time Out: care of 107 Aspen Green, Calgary, Alberta T3Z 3B9; (the Indemnitee")
 The members and participants in and around the Calgary, Ab area; (the "Indemnifier")

BACKGROUND:

Ladies Time Out has some bridging insurance to support our not-for-profit organization from liability of using other's facilities. Although we believe we do everything in our power to limit our exposure to mishaps, we also do everything in our power to enrich our members and protect our group. By having a hold-harmless statement we are conveying that we equally accept responsibility and each have a duty-of-care to the group and one another.

By signing this agreement it demonstrates you understand the current board has done its due diligence and shall ensure the benefit of, and be binding upon the respective heirs, executors, administrator, successors and assigns of the Indemnitee and the undersigned.

Please print your name _____

and sign _____